

Multi Morbidity Learning Facilitator SPIN Fellow

- **Hours:** 1 session per week i.e., 2 days per month (4 hours 0.1 WTE) **TBC**
- **Duration:** Up to 2 years

We have an exciting opportunity for a GP SPIN Fellow to work in South West London on a prototype to test a multi morbid approach to care.

This role is for one session per week, but there is scope to be flexible with how these hours are spent across the month. We envisage that a significant element of the role will be remote, but we do anticipate some travel and face to face meetings.

Background:

The GP SPIN Fellow will support the work of the South West London (SWL) Health Improvement Team (part of the Medical Directorate) to develop an approach to better support people with multi morbidities, in Primary Care.

People with one or more long-term condition now make up 30% of the population, account for 50% of all GP appointments, 64% of all outpatient appointments, and occupy 70% of hospital beds.¹

However, the current largely sequential, single-condition focus of management of people with multiple long-term conditions results in potentially avoidable duplication by many professionals resulting in inconsistent advice and confusion for patients, leading to medicines sub-optimisation and progression to complication.

As a first step to addressing the challenges above, SWL is looking to work with practices across SWL to test an approach to multi morbid care with a specific focus on cardiometabolic conditions, that aims to improve both the experience and outcomes for people with cardio metabolic conditions and decrease duplications in primary care.

For a practice, involvement in the pilot will typically involve:

- undertaking holistic multi morbidity annual reviews. Resulting in a holistic, shared care plan (that is followed through and refined over time)
- organising and delivering their multi morbidity annual reviews using competent staff.
- changing their appointment structure for these reviews (longer appointments and a clinic format).
- ensure their review care plans are followed through in an equally integrated, holistic way (good MDT working).
- ensure each patient has a copy of their care plan in a format that makes sense to them.
- more reliable medications review processes that inform the multi-morbidity annual review

A process evaluation will be undertaken to establish changes in practice required and the resulting experiences of patients and practice teams in delivering a multi morbid approach to care.

The Role:

This system role is hosted by the ICB (Integrated Care Board), which works with health and care partners across six boroughs (Croydon, Merton, Kingston, Richmond, Sutton, and Wandsworth) to plan and deliver joined up services and to improve the health of people who live and work in its communities.

You would get a great overview of how health and social care change is managed at scale. Working at an ICB level you would gain insight into the 'whole system' and your leadership and population health knowledge and skills will be developed.

This role offers an opportunity to develop a portfolio career and to actively participate in an innovative project supporting a small number of general practices to develop and implement a multi morbid approach to care.

The role will work alongside other SPIN Fellows in the team, with a specific focus on supporting peer learning between participating practices and support evaluation of the approach.

A key element of this role is around **facilitating** sharing and **capturing knowledge and learning** and **contributing to the wider evaluation** of the approach, so it will suit someone who enjoys these activities.

Support:

You will be supported on a day-to-day basis by the SWL Health Improvement team), who can provide direction in relation to the delivery of the programme and tasks.

- We would fully support our fellow/s i.e. we would not expect them to jump straight in and go - we would offer as much support as required
- Will have access to training to ensure they are confident to deliver the project work
- The benefit to the fellow (as well as learning about the whole system and transformation and helping patients at scale) would be developing relationships with various roles across the system, gaining project management experience, being able to add *delivery of a transformation project* on their CV etc.
- That we are a super lovely team who are very passionate about what they do and are 100% committed improving the lives of our patients

Collaboration:

We are fortunate enough to work with colleagues from lots of different backgrounds and areas of the NHS, all of whom are passionate about sustainability. You will have the opportunity to work with a range of stakeholders across, but not limited to:

- Primary care
- Integrated Care Board
- Acute trusts
- Primary Care Training Hub
- Pharmacy teams

- Local authorities
- Voluntary organisations

Applying:

If you are interested in this opportunity, then please send an expression of interest to Jacqueline.Chapman@swlondon.nhs.uk Please mark in the subject header that it is regarding the Multi Morbidity Learning Facilitator SPIN Fellow and outline the reasons for your interest. Please reply by the. Once we receive your application, we will arrange a meeting to discuss the opportunity in more depth.